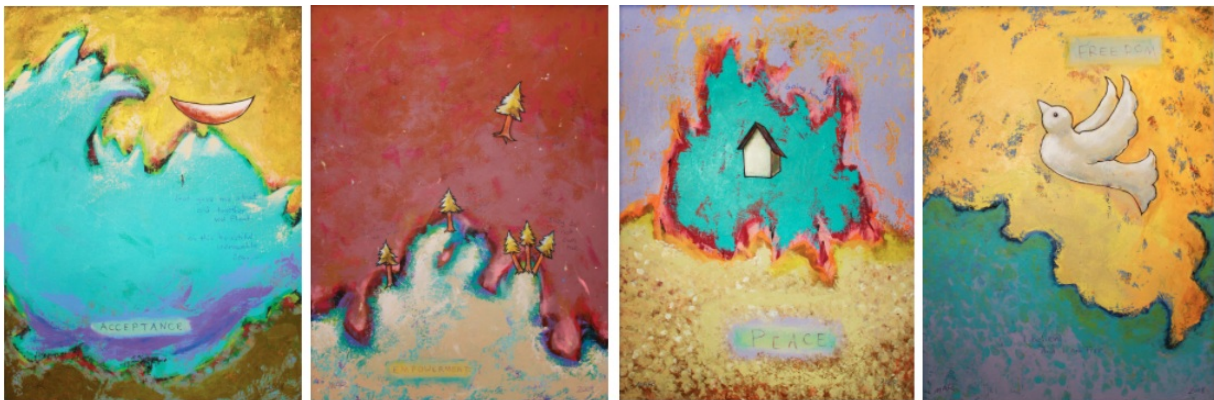




the transitions™ vibe

Welcome to the **March 2023** edition of the *Transitions Vibe*—a monthly briefing filled with Transitions updates, industry news, and information for those who trust Transitions to provide hospice and palliative care services for their patients and residents.



It's about living.

[Submit a referral](#) or [contact us](#) at 877-726-6494 to discuss how we provide the tools and resources to assist patients and families through the physical, emotional, and spiritual challenges of life's final transitions. [Visit our website to learn more.](#)

Social Worker Appreciation Month

HAPPY
SOCIAL WORKER
Month

THANK YOU FOR BEING
A BRIGHT LIGHT!



It is not enough to just simply say thank you to all our field staff who have been unsung heroes driving Transitions mission!

This month, we are celebrating their profession and the positive impacts their work has on the families we serve!

To all of our amazing social workers in the Transitions Family, we love and appreciate you! ☐

Your Guide To The Best Anti-Aging Supplements

Why Nutrition Matters for Optimal Aging

From Transitions Care CMO, Dr. Kuljit Kapur



Transitions Care, Chief Medical Officer, Dr. Kuljit Kapur had the opportunity to share some tips on why some supplements are beneficial throughout the aging process.



[Click here to read the full Forbes Health article!](#)

"We had a wonderful experience with Transitions and as everyone knows, when you're in the situation to need this kind of care, you aren't even in the right mindset to know where to begin looking. Thankfully, we were recommended to them and on behalf of my beloved grandfather, I know he would want me to take the time to review the care we experienced. This is no easy task for the nurses, nursing aides, supervisors, or any other employee we came into contact with. I would highly recommend their services and am so grateful they were available, communicative, and caring."



- Family of a Peoria Transitions Patient

Understanding Sundowning



Symptoms, Causes and Coping

Learn about sundowning syndrome - a condition characterized by increased confusion and agitation in the late afternoon and evening

Featuring Dr. Kapur in U.S. Health News



[Click here to read the full U.S. Health News article](#)



At Transitions, our team provides a holistic treatment approach to address both medical and psychosocial needs, including symptom management, counseling and community service support. [Learn more](#) or [submit a referral](#) today.

Transitions News and Events

Grand Opening in Kalamazoo!

What a GRAND entrance into the Kalamazoo community!

To our amazing K-Zoo team, congratulations on a successful grand opening and ribbon cutting!! With your dedication and perseverance, there is nothing you can't do! Cheers to you all!



New Contact Information

Transitions is excited to announce we have



NEW FAX NUMBER!

844.846.8253



Transitions Care - it's about living

launched a new centralized fax number for all service locations! 844-8INTAKE or 844-846-8253 is live!

The addition of the new intake fax number is to ensure all requests and needs are addressed more efficiently.

No matter where, when and how - Transitions is there when you need us most.

International Women's Day! Transitions is proud to say that 86% of our company are women!

We would like to recognize and celebrate all women for their impact, inspiration, and accomplishments.

Through your support, leadership, talents, diversity, empathy, and dedication to care, you provide our patients and families with a truly unique and compassionate care experience.

The success of Transitions is a direct reflection of our team of devoted and hard-working women. Thank you for everything you do!



"I could not have had a better experience in such a difficult time. The Transitions Care Team was great from start to finish. The intake team, nurses and they counseling staff did a wonderful job for my mother and our family. They were very responsive when needed and called on. Their follow up continued as promised for 13 months after our mother passed away. We couldn't recommend them more highly for Hospice services."



- Family of a Naperville Transitions Patient

Transitions in the Community

Social workers elevate and empower people. Not only do we appreciate their dedication, but we recognize their accomplishments and significance in this profession! We are so lucky to have so many wonderful individuals serving our patients and communities!



Our teams have been busy planning some amazing events for all of our residents in our communities! From bingo events to St. Patrick's Day celebrations! We are so blessed to have team members that love what they do, going above and beyond! It's about living!

