



the transitions™ vibe

Industry news and information from a source you trust

Welcome to the April 2021 edition of the *Transitions Vibe*—a monthly briefing filled with information for those who trust Transitions to provide hospice and palliative care services for their patients and residents.



It's About Living. [Submit a referral](#) or [contact us](#) at 877-726-6494 to discuss how we provide the tools and resources to assist patients and families through the physical, emotional, and spiritual challenges of life's final transitions.

[Visit our website to learn more.](#)

Transitions Spotlight: Pain Management



CBD and Medical Marijuana

Insights from: Dr. Kuljit Kapur, Chief Medical Officer - Transitions Hospice

Managing chronic, acute or end-of-life pain can be tricky. Luckily, Transitions Hospice patients have many options for pain management. In addition to pain medications, there are natural remedies as well, including CBD and medical marijuana.

During a recent [Good Day Stateline](#) interview, Dr. Kapur highlighted the differences between CBD and medical marijuana and the clinical considerations for the management of chronic, acute or end-of-life pain. [View the segment >>](#)

Informative articles:

- [National Cancer Institute on Medical Marijuana Benefits for Oncology Patients](#)
- [Differences Between CBD and Marijuana - Which is best for you?](#)
- [National Center for Complementary and Integrative Health Info Sheet](#)
- [The Empowered Patient's Guide to Medical Marijuana](#)

At Transitions, our team provides a holistic treatment approach that addresses both medical and psychosocial needs, including symptom management, counseling and community service support.

[Learn more](#) or [submit a referral](#) today.





Especially on April 16, we encourage discussing one's health care wishes and documenting those wishes by completing an advance directive. Advance care planning includes completing an advance directive (also known as a living will) and appointing a healthcare power of attorney. Below are a few helpful resources:

- [Illinois Advance Directive Information](#)
- [Indiana Advance Directive Information](#)
- [Conversation Toolkit with FAQs, guides and resources](#)

Thank you for creating positive change for those we serve. #NHDD

Join Transitions in Supporting POLST Reform in Illinois

People facing a serious, life-limiting illness deserve the choice to decline life-sustaining treatment. Completing a **Practitioner Orders for Life-Sustaining Treatment (POLST)** form with a health care practitioner is the gold standard for patients to express these wishes. It is time for Illinois to align with national standards by passing [SB0109](#).

- Illinois is one of only two states that has a witness requirement for state-sanctioned POLST forms, making it a national outlier.
- In the past, Illinois has been at the forefront of amending statute with trailer bills to achieve full alignment with national standards – it is time to do the same with POLST.

[Learn more](#) about SB0109. [Click here](#) to locate your state representatives and voice your support today!

Hospice Care

At Transitions, we go the extra mile to maximize our patients' comfort in their final days. Our teams – which include physicians, advanced practice nurses, registered nurses, certified nurse aides, social workers, bereavement specialists, chaplains, dietitians and volunteers – collaborate with our patients and their families to create an individualized care plan. [Learn more about the Transitions Difference>](#)



Clinical Notes

Transitions' Oncology Care Model Approach to Value-Based Medicine

Transitions Palliative Care partners with excellent oncology practices that participate in the [Oncology Care Model \(OCM\)](#), as outlined by the Centers for Medicare & Medicaid Services (CMS). Whether the goal is comfort or cure, excellent symptom management is delivered to our patients, transforming Oncology Centers into integrative institutes filled with compassionate and educated care. Coupled with symptom management, the Transitions OCM program achieves therapeutic relationships with patients as they meet their most critical decisions and plan for the next steps of treatment. [Read the entire article>](#)

Discussing Good Grief

View the [Good Day Stateline](#) episode where Dr. Kapur and Joe Agnello discuss the grief process that includes “Deal, Feel, Heal and Seal” in order to accept grief as a normal emotion when losing a loved one. [View the episode here>](#)

Partner Spotlights



This month, we are featuring our durable medical equipment (DME) partner, [Advantage Medical Equipment](#) (AME), a full-service DME company that specializes in taking care of the needs of Transitions Hospice and Palliative Care patients. Read insights from Tiffany Rigsby, Executive Director of AME, in a recent article, “The Power of DME in Improving Quality of Life.” [Read the complete article>](#)

Transitions is proud to partner with [Lifeway Mobility](#), an accessibility solutions company. Their professionals understand that accessible housing is vital to the independence of individuals with limited mobility, which is why they focus on providing home modification solutions that make their homes safer and better suited to their needs. [Read more about their solutions>](#)



Transitions News & Events

Transitions is #Grateful



National Volunteer Week - 4/18-4/24

Volunteer Week (April 18-24) is a special time at Transitions Hospice. We value the work that each and every one of our volunteers does for us. Whether in the office, in the field, or with our patients and families, we could not provide the quality of care that we do without our volunteers. They deserve all of the credit for being an integral part of the Transitions family.

[Read a recent interview](#) with Jaci Risser Hospice Volunteer Coordinator, Transitions Illinois, about the impact volunteers make for those we serve.



Health Information Professionals Week - 4/18-4/24

Thank you Transitions' health information professionals who help protect, interpret and transmit the most sensitive data that exists about a person, while making sure it is available where and when it is needed!



National Administrative Professionals Day - 4/21

We appreciate all of the professionals who work tirelessly behind the scenes to support our team and those we serve! We celebrate you!



It's About Living: Planning For Your Healthcare Future

Presenters: Dr. Kuljit Kapur, Transitions Hospice and Melissa Kallio, JD, Dutton Casey & Mesoloras.

Date: Friday, April 16, 2021

Time: 12 p.m. - 1 p.m. CT

There is no charge for this event.

[Register](#)

About the session: Join Dutton Casey & Mesoloras and Transitions Hospice on National Healthcare Decisions Day for an informative lunch-hour CE to help understand Palliative Care and the legal documents you need in place to make your healthcare wishes known. Objectives include:

1. Understanding Palliative Care and inherent goals
2. Understanding when to obtain Palliative Care services
3. Understanding different types of documents needed for healthcare decision planning
4. Understanding different types of documents needed for financial planning

1.0 CE available for Illinois Nurses, Professional Counselors and Social Workers. Zoom link will be sent after registering.

Sexual Harassment: A CEU

Presenter: Jean Llamas, MSN, RN, CCM, ACM, NCG, CDP, BCPA, Owner of Care Navigators and Care Guardians

Date: Wednesday, April 28, 2021

Time: 12 p.m. - 1 p.m. CT

There is no charge for this event.

[Register](#)

About the session: Join care manager Jean Llamas as she discusses sexual harassment in the workplace and healthcare system. Objectives include:

1. Defining sexual harassment
2. Providing knowledge on creating a safe environment
3. Discussing where sexual harassment occurs and prevention
4. Providing insight related to social media and sexual harassment
5. Learning how to report a sexual harassment incident

1.0 CE available for Illinois Nurses, Professional Counselors and Social Workers. Zoom link will be sent after registering.

Who Decides When Your Client/Patient Can't: Understanding the Surrogate Decision Makers

Presenter: Amy Gjesdahl, JD, Dutton Casey & Mesoloras

Date: Thursday, May 6, 2021

Time: 9 a.m. - 10 a.m. CT

There is no charge for this event.

[Register](#)

About the session: Join Dutton Casey & Mesoloras and Transitions Hospice as we discuss the types of decision-makers authorized by Illinois law to make decisions on behalf of a disabled adult including agents under Powers of Attorney, trustees, guardians and health care surrogates. Objectives include:

1. Identifying types of decision-makers authorized by Illinois law
2. Understanding the differences between Powers of Attorney, trustees, guardians and health care surrogates
3. Identifying whether a decision-maker is legally entitled to make the decision at issue
4. Understanding the extent of a decision maker's authority and what ethical standards should apply when making decisions

1.0 CE available for Illinois Nurses, Professional Counselors and Social Workers. Zoom link will be sent after registering.

COVID-19 UPDATE

As providers begin to implement their re-opening plans, Transitions is following and adhering to all facility, state and federal guidelines.

Please email Hallie DeCapp, Chief Compliance Officer at hdecapp@transitions hospice.com with any questions.



Palliative Care | Hospice | 24/7 Support

Serving Chicagoland, Northern Illinois, Central Illinois,
Northwest Indiana & the Indianapolis metropolitan area

877.726.6494 | [Transitions Hospice & Palliative Care](#)



Transitions Group | 1551 Bond Street, #143, Naperville, IL 60563

